

Second Baptist Church of Doylestown
Bible Study Notes
6-19-19

Genesis 4

Cain and Abel - Verses 1-7

1 Adam made love to his wife Eve, and she became pregnant and gave birth to Cain. She said, "With the help of the Lord I have brought forth a man." **2** Later she gave birth to his brother Abel. Now Abel kept flocks, and Cain worked the soil. **3** In the course of time Cain brought some of the fruits of the soil as an offering to the Lord. **4** And Abel also brought an offering—fat portions from some of the firstborn of his flock. The Lord looked with favor on Abel and his offering, **5** but on Cain and his offering he did not look with favor. So Cain was very angry, and his face was downcast. **6** Then the Lord said to Cain, "Why are you angry? Why is your face downcast? **7** If you do what is right, will you not be accepted? But if you do not do what is right, sin is crouching at your door; it desires to have you, but you must rule over it."

4:1 The phrase "made love to" is literally "he knew." Sexual union means oneness and total knowledge of the other person. Sexual intercourse is the most intimate of acts, sealing a social, physical, and spiritual relationship. That is why God has reserved it for marriage alone.

4:2 No longer was everything provided for Adam and Eve as it was in the Garden of Eden, where their daily tasks were refreshing and delightful. Now they had to struggle against the elements in order to provide food, clothing, and shelter for themselves and their family. Cain became a farmer, while Abel was a shepherd. In parts of the Middle East today, these ancient occupations are still practiced much as they were in Cain and Abel's time.

4:3-5 The Bible does not say why God did not accept Cain's sacrifice. Perhaps Cain's attitude was improper, or perhaps his offering was not up to God's standards. Proverbs 21:27 says, "The sacrifice of the wicked is detestable—how much more so when brought with evil intent!" God evaluates both our motives and the quality of what we offer him. When we give to God and others, we should have a joyful heart because of what we are able to give. We should not worry about how much we are giving up, for all things are God's in the first place. Instead, we should joyfully give to God our best in time, money, possessions, and talents.

4:6-7 How do you react when someone suggests you have done something wrong? Do you move to correct the mistake or deny that you need to correct it? After Cain's sacrifice was rejected, God gave him the chance to right his wrong and try again. God even encouraged him to do this! But Cain refused, and the rest of his life is a startling example of what happens to those who refuse to admit their mistakes. The next time someone suggests you are wrong, take an honest look at yourself and choose God's way instead of Cain's.

4:7 For Cain to master the sin that was crouching at the door, he would have to give up his jealous anger so that sin would not find a foothold in his life. Sin is still crouching at our doors today. Like Cain, we will be victims of sin if we do not master it. But we cannot master sin in our own strength. Instead, we must turn to God to receive faith for ourselves and turn to other believers to receive encouragement and strength. The Holy Spirit will help us master sin. This will be a lifelong battle that will not be over until we are face-to-face with Christ.

Cain and Abel - Verses 8-15

8 Now Cain said to his brother Abel, "Let's go out to the field." While they were in the field, Cain attacked his brother Abel and killed him. **9** Then the Lord said to Cain, "Where is your brother Abel?" "I don't know," he replied. "Am I my brother's keeper?" **10** The Lord said, "What have you done? Listen! Your brother's blood cries out to me from the ground. **11** Now you are under a curse and driven from the ground, which opened its mouth to receive your brother's blood from your hand. **12** When you work the ground, it will no longer yield its crops for you. You will be a restless wanderer on the earth." **13** Cain said to the Lord, "My punishment is more than I can bear. **14** Today you are driving me from the land, and I will be hidden from your presence; I will be a restless wanderer on the earth, and whoever finds me will kill me." **15** But the Lord said to him, "Not so; anyone who kills Cain will suffer vengeance seven times over." Then the Lord put a mark on Cain so that no one who found him would kill him. **16** So Cain went out from the Lord's presence and lived in the land of Nod, east of Eden.

4:8-10 This is the first murder—taking a life by shedding human blood. Blood represents life (Leviticus 17:10-14). If blood is removed from a living creature, it will die. Because God created life, only God should take life away.

4:8-10 Adam and Eve's disobedience brought sin into the human race. They may have thought their sin—eating a piece of fruit—wasn't very bad, but notice how quickly their sinful nature developed in their children. Simple disobedience quickly degenerated into outright murder. Adam and Eve acted only against God, but Cain acted against both God and another person. A small sin has a way of growing out of control. Let God help you with your "little" sins before they turn into tragedies.

4:11-15 Cain was severely punished for this murder. God judges all sins and punishes appropriately, not out of vengeance, but because he desires to correct us and restore our fellowship with him. When you're corrected, don't resent it. Instead, renew your fellowship with God.

4:14 We have heard about only four people so far—Adam, Eve, Cain, and Abel. Two questions arise: Why was Cain worried about being killed by others, and where did he get his wife (see 4:17)? Adam and Eve had numerous children; they had been told to "fill the earth" (1:28). Cain's guilt and fear over killing his brother were heavy, and he probably feared repercussions from his family. If he was capable of killing, so were they. The wife Cain chose may have been one of his sisters or a niece. The human race was still genetically pure, and there was no fear of side effects from marrying relatives.

4:15 The expression "will suffer vengeance seven times over" means that the person's punishment would be complete, thorough, and much worse than that received by Cain for his sin.

Cain and Abel - Verses 17-26

17 Cain made love to his wife, and she became pregnant and gave birth to Enoch. Cain was then building a city, and he named it after his son Enoch. **18** To Enoch was born Irad, and Irad was the father of Mehujael, and Mehujael was the father of Methushael, and Methushael was the father of Lamech. **19** Lamech married two women, one named Adah and the other Zillah. **20** Adah gave birth to Jabal; he was the father of those who live in tents and raise livestock. **21** His brother's name was Jubal; he was the father of all who play stringed instruments and pipes. **22** Zillah also had a son, Tubal-Cain, who forged all kinds of tools out of bronze and iron. Tubal-Cain's sister was Naamah. **23** Lamech said to his wives, "Adah and Zillah, listen to me; wives of Lamech, hear my words. I have killed a man for wounding me, a young man for injuring me. **24** If Cain is avenged seven times, then Lamech seventy-seven times." **25** Adam made love to his wife again, and she gave birth to a son and named him Seth, saying, "God has granted me another child in place of Abel, since Cain killed him." **26** Seth also had a son, and he named him Enosh. At that time people began to call on the name of the Lord.

4:19-26 Unfortunately, when left to themselves, people tend to get worse instead of better. This short summary of Lamech's family shows us the variety of talent and ability God gives humans. It also presents the continuous development of sin as time passes. Another killing occurred, presumably in self-defense. Violence was on the rise. Two distinct groups were emerging: (1) those who showed indifference to sin and evil, and (2) those who called on the name of the Lord (the descendants of Seth, 4:26). Seth would take Abel's place as leader of a line of God's faithful people.