

## Lesson 6

# Starting Steps



### At This Age

A child feels secure when there is a relatively predictable sequence to the day. Using a special “Sunday” routine is a good tool in helping your child overcome separation anxiety. Here are some ways to begin your own routine:

- Start your day with a special meal and clothes for Sundays.
- If your church has more than one service, try to attend the same service each week.
- Do your best to bring your child to Sunday school each week so he or she sees that as part of the routine.

### Faith Activities for Families with Toddlers

*Starting Steps* is for families to use at home. It encourages you in your faith-journey and parenting. Use the ideas here and on the *Starting Steps* calendar throughout the week to extend and reinforce what your child learned.

### Time with God

If you looked at the parenting section at a bookstore, you could easily become overwhelmed. There are many different theories of parenting—each one endorsed by an expert! Any book can point out problems in each person’s parenting style. As a parent of a two-year-old child, it is very easy to become anxious about one’s parenting abilities. Isaiah 41:10 says,

*So do not fear, for I am with you;  
do not be dismayed, for I am your  
God. I will strengthen you and help  
you; I will uphold you with my  
righteous right hand.*

Remind yourself each day that you can rely on God to give you strength to overcome anxiety and give you peace.

### Toddler Tickler

#### Good Question

I know that two year olds are supposed to be curious, and that you’re supposed to keep up with their questions, but at the end of a long day, my daughter, Lizzie, had the last word: “Mom, is that your head? Is that your head, Mom? Hey, Mom? Mom? Is that your head, Mom? Is that your head?” “Yes, it is, Lizzie!” “Why?”



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# Time with Your Toddler



## God Made Our Ears

based on Genesis 1:27-30; Proverbs 20:12

The Bible story "God Made Our Ears" was taught in Sunday school today. Read the story from here and Bible storybooks many times—toddlers like and need repetition to learn.



The Bible tells us that God made us.

*(Hold hands open like a book.)*



God made us special. God made our ears. God made our ears so we can hear a dog say "Woof, woof," and a cat say "Meow, meow."

*(Point to dog, then cat.)*

God made our ears so we can hear a cow say "Moo, moo," and a duck say "Quack, quack."

*(Point to cow, then duck.)*



God made our ears.

*(Point to your ears.)*



These questions can be used to help your child review the Bible story.

1. What did God make so we can hear? (Ears)
2. Who made our ears? (God)



## Look what I made!

Today your child used her ears to listen as the teacher encouraged her to follow special instructions like "Dot, dot, dot" as she colored. Ask your child about her picture by saying something like, "Tell me what you heard when you were coloring."